



1. *Everyone participating will need to weigh in on the same scales at the same time. This keeps things consistent.*
2. *We are measuring the percent of body weight lost. The calculation is to take your actual weight (today) and subtract it from your initial weight. Then divide that number by your initial (starting) weight.*
3. *The first weigh in will be on January 7, 2012 at 10:00 am.*
4. *The final weigh in will be on April 6, 2012 at 7:00 pm.*
5. *Weigh-in's will occur every Saturday at 10:00 am.*
6. *There is a \$10 registration fee which "MUST" be paid during your first weigh in.*
7. *You can Join at any time during the first three weeks (but it will be harder to win)*
8. *All monies owing to the pot should be paid during the time of weigh in or prior to the following weigh in. (So if you have a bad week, be prepared break out the spare change)*
9. *There will be a \$1 weigh in fee per week applied to all contestants.*
10. *The winner will be the person who loses the largest percentage of body weight.*
11. *A \$150 Gift Certificate to the Kentucky State Parks for the Individual Men's and Individual Women's Winners. The team with the greatest loss will be able to donate the money raised to their favorite charity or the Midway Area Ministerial Association.*